

Minimum Safety Requirements for Contractors

UPRR Safety Instructions

The following Safety Instructions are contained in all miscellaneous work contracts, work or service contracts, and major construction project contracts.

Safety of personnel, property, rail operations and the public is of paramount importance in the prosecution of the work pursuant to this agreement. As reinforcement and in furtherance of overall safety measures to be observed by the contractor (and not by way of limitation), the following special safety rules shall be followed:

- A. The contractor shall keep the job site free from safety and health hazards and ensure that its employees are competent and adequately trained in all safety and health aspects of the job. The contractor shall have proper firstaid supplies available on the job site so that prompt firstaid services can be provided to any person that may be injured on the job site. The contractor shall promptly notify the railroad of any U.S. Occupational Safety and Health Administration reportable injuries occurring to any person that may arise during the work performed on the job site. The contractor shall have a nondelegable duty to control its employees, while they are on the job site or any other property of the railroad, to be certain they do not use, be under the influence of, or have in their possession any alcoholic beverage or illegally obtained drug, narcotic or other substance.
- B. The employee of the contractor shall be suitably dressed to perform their duties safety and in a manner that will not interfere with their vision, hearing, or free use of their hands or feet. Only waist length shirts with sleeves and trousers that cover the entire leg are to be worn. If flarelegged trousers are worn, the trouser bottoms must be tied to prevent catching. The employees should wear sturdy and protective footwear. Employees shall not wear boots (other than work boots), sandals, canvas type shoes, or other shoes that have thin soles or heels that are higher than normal. In addition, the contractor shall require its employees to wear personal protective equipment as specified by railroad rules, regulations, or railroad officials overlooking the work at the job site. In particular, the protective equipment to be worn shall be:
 1. Protective head gear that meets American National Standard Z89. 1 – latest revision. It is suggested that all hard hats be affixed with contractor's or subcontractor's company logo or name.
 2. Eye protection that meets American National Standard for occupational and educational eye and face protection, Z87. 1 – latest revision. Additional eye protection must be provided to meet specific job situations such as welding, grinding, burning, etc.
 3. Hearing protection which affords enough attenuation to give protection from noise levels that will be occurring on the job site.
- C. All heavy equipment provided or leased by the contractor shall be equipped with audible backup warning devices.
- D. If in the opinion of the railroad representative any of contractor's or any of its subcontractor's equipment is unsafe for use on the railroad's right of way, the contractor, at the request of the railroad representative, shall remove such equipment from the railroad's right of way.
- E. If the railroad representative has given the contractor permission to use certain equipment on any trackage at the job site, contractor shall ensure that each and all of its employees responsible for operating any motive power including, without limitation, any tryrail equipment (such equipment hereafter being referred to as "motive power") on any trackage of railroad will be trained to know and understand, and will comply with railroad's operating rules applicable to the operation and use of such motive power.

In the event contractor's employees use any such motive power to move any rail cars or other railbound equipment equipped with air brakes, contractor shall further ensure that the employees are trained to know and understand and will comply with railroad's rules for handling such motive power, cars and equipment, and that contractor's employees perform all required tests of the operating systems of any motive power, cars and other equipment before and after movement. Contractor acknowledges receipt of railroad's applicable rules governing:

1. operation and use of motive power, cars and other equipment, and
 2. the movement of such motive power, cars and equipment by rail.
- F. In live track operations, a distance of 20 feet from track must be maintained unless the contract necessitates working in close proximity to the track. When doing so, your employees and equipment must first have authorization of Union Pacific Railroad. When so authorized where work is in close proximity to tracks, a Union Pacific Railroad flagman must be present.

Your employees must be familiar with procedures to clear men and equipment from track area for approaching trains. In addition, the following safety procedures shall be adhered to by all of your employees:

1. Always be on the alert for moving equipment while working near any railroad tracks or facilities.
2. Do not step or walk on the top of the rail, frog, switches, guard rails or other track components.
3. In passing around ends of standing cars, engines, railroad machinery, and other ontrack equipment, leave at least one rail car length (50 feet) between yourself and the end of the equipment.
4. Avoid walking or standing on track at any time.
5. When it is necessary to walk or work on track, always keep a sharp lookout in both directions for approaching trains.
6. Before stepping or crossing tracks, look in both directions first. The same is true when walking around machinery and equipment on and about the tracks.
7. Do not sit on, lie under, or cross between cars except as required in performance of your duty, and only when track and equipment are under proper protection.
8. In multiple track territory, do not stand on one track while a train is passing on another.